Court Date: March 13th, 2018 Case Number: ce036427 Conservatee: Michelle Leilani Cotrina
Art is My Religion: Miele Art is My Medicine: Leilani *We Trust the Process*
"I make art, like Van Gogh, to Free the Mind From Inner Turmoil" Leilani

Forwarding emails: wrong: https://newswise.com/articles/privacy-law-professor-concludes-forwarding-of-private-email-without-permission-violates-rights

David against Goliath/Sky Hawk Soars: one advocate, a corporation with over 100 facilities in 7 states
Friendly Fed-Ex Delivery person's feedback: Remember, David won.
I can't help but let creativity seep into this document.
I use the name my brother Michael gave me, Sky Hawk, and imagine myself as HAWK, in the sky, soaring above the flames of the impossible raining down angel feather blessings upon the situation. I ground into prayer, as do many citizens in time of perceived great need. I imagine a win-win, happy ending for all, with progress made towards establishing systemic checks and balances to truly protect the Constitutional and statutory rights of the vulnerable.

I am advocating on behalf of my sibling, for a better life, for realizing her dreams, and as a part of the process, it appears, I need to interface with systems I have never interfaced before. I am a pacifist, and the adversarial journey of civil litigation goes against my nature, I would welcome a Restorative Justice process.

As a part of telling the whole truth and nothing but the truth, I give myself permission to allow this part of the journey to include the authenticity and integrity of who I am, who my sister is: we are makers, we are artists. I, as her older sister, place her in the safest place I know, the two of us, inside a creative process called #theVanGoghProject close to our Maker's heart. The terms Artvocate and Artivist emerge.

Blessed are the Peacemakers for they are Blessed by the Maker and are the Apple of the Cosmos' Poetic and Loving Eye.

I affirm the positive: my sibling realizes her dreams, we trust the process, and move from heart, integrity, and follow wise counsel. Thank you!

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SUPPORTING DOCUMENTATION: Michelle Leilani Cotrina vs. Telecare Corporation: La Casa Mental Health Rehabilitation Center/Harmony Unit. Team Lead: Holly Still. Former Psychiatrist: Dr. Perch, Present Psychiatrist: Dr. Reader
Submitted by Misa Miele Mandigo Kelly, Cotrina's sibling.

SUBJECT: Addressing Telecare's line of reasoning for suggesting a Public Guardian take over the oversight of Michelle Leilani Cotrina's mental health care.

Dear Sir or Madam:

I received the following legal counsel and the subsequent correspondence and documentation I present to the court as the next logical step in the process of preserving a family member as my sibling's conservator.

LEGAL COUNSEL: Misa Miele Mandigo Kelly met with an attorney a part of Santa Barbara's Legal Aide foundation. Her advice was to remove Michelle Leilani Cotrina as swiftly as possible from the facility and for the family to obtain legal representation. It was her view, that Telecare Corporation is attempting to cover up wrongdoing. CARF International, the agency that accredits Telecare gave counsel to move Michelle Leilani Cotrina from the facility and for the family to obtain legal counsel. It is Kelly's hope that a Public Defender be assigned to the case in that, the senior partner at the law firm at which she has worked for 12 years believes this is the family's best avenue at this juncture in time.

With Utmost Respect for the Process,
Misa Miele Mandigo Kelly

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I, Misa Miele Mandigo Kelly submit, in reference to case number ce036427, documentation to support the view that:

- Telecare's allegations against Misa Miele Mandigo Kelly are misconstrued, and some present as flat out lies with factual materials that reveal their allegations as unfounded. In essence, their allegations are defamatory, harassing, injurious, and an assault against the integrity of her character as a respected internationally acclaimed artist, a humanitarian and community builder and organizer in the arts, a contributor to the field of Ombudsmanship as a researcher and author in former years, and as a well regarded and valued receptionist for 12 years at a law firm specializing in: Estate Planning, Litigation, Real Estate Transactions and Corporate Formation.

    - Allegations:

        - Kelly tells Cotrina to not take medicine;
        - The interaction between siblings is inappropriate;
        - Kelly's relationship with Cotrina interferes with the "Care Team's" treatment plan (which, in and of itself, implies, given the situation, grave implications of an "injurious" treatment plan on the part of Telecare);
        - Kelly focuses too much on Cotrina's eating disorder.

- Telecare's "Treatment Plan" for Michelle Cotrina is injurious and given she was approved to be moved from a sub-acute setting to a step down unit in October of 2017, for her own safety and mental well being, the family hold's this ought occur immediately. To move her was counsel given by Shar of CARF International and legal counsel through the Santa Barbara County Legal Aide Foundation. It would be best if it is a facility NOT managed by Telecare. The family's end goal is for Cotrina to live closer to her sibling Kelly.

- As a voice for all those in similar settings with NO ONE to advocate on their behalf, in advocating on behalf of Michelle Leilani Cotrina it is Misa Miele Mandigo Kelly's conjecture that Telecare Corporation questions if the following situations show flagrant disrespect for the law and legal procedures acting as if they are "above the law." Given legal counsel's view that they are attempting to cover up their wrongdoing supports this rationale, as does the law itself. If it is happening in this facility, it begs the question, in how many of the over 100 facilities in 7 states is this occurring? I cannot, in good conscience, knowing what I know, do other than speak out on behalf of all of those who are not free to come and go in facilities where no impartial eyes and ears monitor regularly with checks and balances in place to assure that those serving as advocates, do so, in a fashion that is ethical, accountable, transparent, and in alignment with the vulnerable's Constitutional and statutory rights.

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CONTENTS

I. Summary: Advocating on Michelle Cotrina's behalf, at her bequest.

- One page summary of experiences with the facility
- Detailed summary
- Pertinent CA State and Constitutional Law in relation to "good cause" and violating Patients Rights

II. Why the family views that Telecare's "Treatment Plan" is injurious to their client, Michelle Leilani Cotrina, and given this, their rationale that how the siblings interact gets in the way of their treatment plan implies, their treatment plan is not one that promotes Cotrina's well being by denying access to family with no "good cause", a relationship with substantial evidence that it has IMPROVED the quality of life for Michelle Cotrina.

III. Addressing Telecare Allegations.

1. Misa Miele Mandigo Kelly tells her sister NOT to take medications

- Misa Kelly's prescription medication bottles. She takes medication, and it goes against common sense that she would ask her sister to not take medication.
- Email documentation to Holly Still/Team Lead and Danielle Cotrina which clearly show conversations that articulate the importance of taking medications.

2. "There is inappropriate behavior between siblings"
Supporting documentation with regard to the nature of the siblings relationship.

A. Exhaustive list of the exact things that transpire between siblings illustrating the nature of the siblings relationship. It was was a four prong relationship approach.

1. Art
2. Compassion, empathy, deep listening, support by phone, visits to the facility, and in outings
3. Knowledge is power, provision of educational materials and discussion of matters related to one's mental well being encouraging one to draw their own conclusions.
4. As a peer, someone who has lived the same experiences, be present with where the siblings are in the present moment and share "tips from the recovery trade" that ease suffering and increase the capacity to know joy, happiness, hope.

B. Brief Description of the nature of the siblings relationship, The Van Gogh Girl Diaries: Vol. I

C. Letters from Michelle Leilani Cotrina to Misa Miele Mandigo Kelly: End of Document
In transcript form
In photocopy form
(originals available at your bequest)

D. Letters from Misa Miele Mandigo Kelly to Michelle Leilani Cotrina: End of Document
In photocopy form
(originals available at your bequest)

3. Kelly posts recordings to a Public Website, a separate document.

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I.
SUMMARY
Short Form & Long Form

SUMMARY: Short Form

Beginning June of 2017 Misa Miele Mandigo Kelly joined the family decision making process with regard to Michelle Leilani Cotrina's care and assigned the appropriate document in order to be able to converse with Cotrina's "Care Team." She met members of the care team and was approved to take her out on outings (to art classes and museums was the intention set.) Shortly thereafter Cotrina's "Care Team" rescinded this acceptance and could not provide concrete rationale with regard to why. Kelly began communicating with Team Lead: Holly Still, via telephone, about Michelle's concerns and Still moved forwards helping to resolve some of the issues internally. She spoke with psychiatrist Dr. Perch about family trauma, and she said, that Cotrina showed no PTSD symptoms which was counter to what Still told Kelly her siblings files stated and was also counter to the assessment by a professional (a second opinion) at Long Beach Mental Health who suggested Del Almo (a trauma treatment center) as a resource for Michelle Cotrina. As Kelly began to engage with her sibling, and her sibling opened up with regard to perceived roadblocks in her recovery, Kelly, at the bequest of Cotrina, began to advocate on her behalf, within the facility, and when this did not bring resolution, outside the facility.

Kelly sought support from numerous agencies which eventually led to an investigation launched by Supervisor Janice Hahn's office at the bequest of Nanette Diaz Barragán's office. Additionally, when the facility would not comply with requests that Cotrina be assigned a new roommate, one that was not verbally assaultive towards Cotrina, and not as sexually active so she would not have to be subjected to lewd gestures made towards her, Stephen David Kelly, Kelly's spouse called Long Beach law enforcement who came out to speak with Cotrina. She was removed to "isolation" for one night and placed back in the room. She was assaulted again, and after another call to the facility was given a new roommate reducing Cotrina's stress level. Shortly after this a Dr.'s order was given, in the family's experience, a form of retaliation to RESTRICT visits to 30 minutes between siblings. After Kelly was verbally assaulted by a staff member for asking if it was possible for her body to be checked for bruises after a reported assault the Dr. gave the order, without "good cause" for the siblings to not interact, go on outings, and requested from the conservator that the siblings restrict calls to once a day.

This was deeply traumatizing to their client, Cotrina, as well as Kelly. Additional forms of retaliation include, sending a cease and desist letter from Telecare's Medical Malpractice attorneys, given misleading and misconstrued information, information that was not sent to Telecare, but obtained from someone in the "investigative circle" sent in confidence to support the investigation implying a compromised process that does not follow the duty to protect the vulnerable's Constitutional and statutory rights. This was experienced by the siblings as a repeat of a sense of societal betrayal in that, as children, society was not there to prevent abuse, and as adults, those who are paid to protect the vulnerable's rights gave confidential information to the corporation that resulted in the information being used to misconstrue the facts with an end result of inflicting harm on their client, and the client's peer advocate. This case, in the family's perception, is another form of retaliation, and they use this information obtained from the "investigative circle" to, in Kelly's legal counsel's view, to cover up their wrong doing as well as inflict harm. Kelly's somatic therapist labels this "projection" and expresses that what is occurring psychologically, is that Telecare is projecting onto Kelly and family members their own wrong doing, rather than being accountable and taking immediate right action to remedy the situation.

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SUMMARY: Long Form

- In June of 2017 sibling Misa Kelly begins to serve as a peer advocate for her sibling Michelle Cotrina presently housed at Telecare's La Casa Rehabilitation Center/Harmony Unit. At this time, Kelly also complied with Michelle Cotrina's request to join the family decision making process about her care.

- Michelle Cotrina asked her sibling with assistance in getting support for trauma treatment for childhood issues as well as help with ending her perception of abuse: sexual groping, physical assaults, verbal assaults by staff toward clients inducing PTSD reactions, inappropriate behavior of the psychiatrist towards the client, staff using phraseology in relation to her weight telling her "you worry about your weight" which induced an adverse psychological and physiological reaction, and her perception that she was taken out of the facility at night with "things done to her". Her experience at this time was that people in the facility were deliberately doing things to her that were standing in the way of her progress. In other words, the treatment plan of the facility, was getting in the way of her recovery progress rather than facilitating recovery/rehabilitation.

- Misa Kelly, with the conservator, Danielle Cotrina, took Michelle Cotrina for a second opinion at Long Beach Mental Health. After Michelle Cotrina filled out a lengthy intake form, and met with the psychologist, the psychologist recommended the family attempt to get Michelle help at Del Almo Treatment Center. Misa Kelly consulted with international experts in trauma, and they advised, waiting for a full assessment of Michelle Cotrina's condition until after she left La Casa, in that, given the situation, it would be better to wait until she was in a setting where she felt safer and was working with a Care Team she trusted.

- Misa Kelly began to advocate for changes to be made with team leader Holly Still, who in turn and put requests forwards to the team which resulted in some reduction of the suffering Michelle Cotrina was experiencing. One such action was asking team members Dr. Perch, Jonathon, and Cecil to stop expressing to her "you worry about your weight." When there was resistance to some of the issues, Kelly, at Michelle Cotrina's bequest, began to seek support from other resources such as the Mental Health Ombudsman Office and Patients Rights. Michelle Cotrina was eager to have an end to the physical assaults and asked Misa Kelly to report this to Patients Rights for her, as well as her concerns about her psychiatrist, Dr. Perch.

- Patients Rights advised working with the facility first. Misa Kelly reported concerns to the CEO of Telecare, Anne Bakar, through their online form. In inquiring with administration Kelly was told that the Medical Director, Dr. Cummings, was looking into family concerns. She was given his cell phone number by staff. She left a message on his cell phone, and had no reply. She sent information about Michelle Cotrina's history with images from her art journals depicting trauma as well as drawings in different styles and levels of ability.

- Approximately 2 ½ weeks later Kelly discovered that Cummings had left Telecare, and the Dr. the family was requesting be investigated was PROMOTED to his position.

- Four months after request for information was posed to the facility with regard to issues of concern a "family meeting", on October 17th, was conducted with Michelle Cotrina's care team. During this meeting the care team clearly articulated that Michelle Cotrina was ready to be moved from the facility. Also, at this meeting, Dr. Perch lied about an area of perceived conflict of spiritual interest, for which, Misa Kelly articulated she had digital proof with regard to the lie.

- Michelle Cotrina requested of Misa Kelly to please report Dr. Perch and what was going on in the facility to someone OUTSIDE the facility. Misa Kelly did so reporting, per NAMI's suggestion, to the Los Angeles County Board of Supervisors as well as U.S. Rep. Nanette Diaz Barragán. Barragán's office referred the complaint to Supervisor Janice Hahn's office and the family was informed by Patients Rights that an investigation was to be conducted.

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- At this time Michelle Cotrina was having increasing difficulty coping with the physical assaults by her roommate towards her as well as stress associated with her sexually activity clearly articulating to Misa Kelly how disturbing it was to and have to endure lewd gestures made towards her. She expressed being woken up pre-dawn with her roommate punching and threatening her. It is Michelle Cotrina's perception that some of the assaults resulted in bloody noses. Michelle Cotrina expressed one incidence of violence by another client in which she thought she was going to die, from her head being bashed against the concrete with a lot of blood loss. The facility dealt with the trauma by allowing her to go out on a solo pass to smoke a cigarette (she no longer smokes.)

- Misa Kelly's spouse, Stephen Kelly, called Long Beach City Police. The police went to interview Michelle Cotrina. She had the courage to speak out and agreed to go to court to press charges (nothing has moved forward in this regard). She was put BACK in the same room with the roommate and was assaulted again. Misa Kelly called Long Beach City Police and communicated to Holly Still via email her disappointment in the facility putting Michelle Cotrina back in the same room with the assaultive roommate. Michelle Cotrina was assigned a new roommate resulting in a reduction of her stress level.

- Shortly after this a Dr.'s order was given limiting visits between siblings to 30 minutes with visits to be supervised. Family experienced this as retaliatory action. After Misa Kelly was verbally assaulted by a staff member, for requesting that Michelle's body be checked for bruising given her recent report of being assaulted, the Dr. gave an order that Misa Kelly no longer be able to see sibling Michelle Cotrina and asked the conservator, Danielle Cotrina, to ask Misa Kelly to limit calls to once a day, a move the family perceives as an attempt by the facility to isolate Michelle Cotrina from family. Her decline in her mental well being as a consequence of the order is clear evidence of harm caused by this decision. At this time, the facility also began to deny passes for outings with the conservator based on trivial matters. It is Michelle Cotrina's perception that other clients in the facility were not experiencing the same treatment.

- Additional agencies Misa Kelly reported conditions to include: NAMI, The Medical Board, The Office of Public Health, and CARF International, the agency that regulates Telecare. Shar, from CARF international suggested moving Michelle Cotrina, which was met with resistance by Telecare. She also advised legal council.

- During the course of the investigation no investigator discussed the matters with the complainant, Misa Kelly, or with the conservator Danielle Cotrina. Michelle Cotrina does not recall someone from patients rights discussing her concerns with her, but does remember a Dr. examining her that she expressed was "very nice."

- Linda Stone-Abrams called Misa Kelly to inform her that the outcome of the investigation was that the Dr.'s orders "still stand" with regard to not allowing siblings Misa Kelly and Michelle Cotrina and that all complaints were unfounded. She encouraged Misa Kelly to speak with the conservator, who was told that the Dr.'s order was due to Misa Kelly telling Michelle Cotrina to not take medicine, and because she focuses too much on her eating disorder. Misa Kelly has email documentation sent to team lead Holly Still discussing her sibling, and medication, which shows that this is a lie on the part of the corporation. Additional email correspondence clearly shows this is not the case and family can attest to the fact that Misa Kelly supports her sibling in relation to the need for medication for symptom management, and, she herself uses medication for management of complex-PTSD symptoms.

- Patient's Rights Investigation Lead communicated to Misa Kelly that the law she was referring to, the Lanterman-Petris Short Act, did not apply to the facility given the type of facility it is when he conveyed the rationale that who Misa Kelly is, and how she interacts with her sibling conflicts with the facility's "treatment plan." He indicated to Misa Kelly three things.

    - 1. That he would get back to her with the law that does apply.
    - 2. He would provide a concrete list of rationale for the Dr.'s order that violates Michelle Cotrina's right to receive visitor's daily.

- 3. Information about a suggested meeting with a neutral third party present, or for the family to have their own legal representation present.

- To spite multiple calls, 2 emails, and a call from a Los Angeles County Mental Health Family liason Martin Hernandez did not respond, until Kelly brought to Supervisor Hahn's office attention the unethical behavior of leaking confidential information to the corporation in relation to the investigation, concluding, it had to come one of three places: Patients Rights, Supervisor Hahn's Office, or and an office of Disability Rights who indicated they would be of support. Further conversation with Disability Rights (http://www.disabilityrightsca.org/) they had no record of:
  - An intial call by Kelly to the office
  - An intake interview with Kelly by someone from their office, where she was told someone would get back to them within 3 weeks to either help, or provide a referral.
  - A follow up phone call with Kelly where Kelly was told to have Cotrina call to give permission to talk to them.
  - A telephone call with Cotrina telling her to call Patients Rights
  - A final call by Kelly to the organization in which she was told, there were no records of any of the calls.
- Misa Kelly articulated to Martin Hernandez that in order for a Dr.'s order to stand, that there needs to be good cause, and good cause would translate into the siblings' relationship being "injurious". She articulated this was not the case. The sibling expressed she received benefit from the relationship, the conservator expressed the same, and without "good cause" it was illegal for the Dr. to deny Michelle Cotrina the right to receive visitors.
- Martin Hernandez asked what law Misa Kelly was referring to and Misa Kelly cited from these sources of information, which she sent to Martin Hernandez in an email*.
- Telecare sent a letter to the public guardian's office in an attempt to wrestle away conservatorship from family member Danielle Cotrina. Some of the rationale provided is simply untrue, and is defamatory, and an assault on the integrity of family member's integrity. This caused Cotrina's anxiety to spike and she felt terrorized by this action on the part of Telecare.
- Someone in the investigative loop sent confidential information to the corporation, who in turn, sent this information to their malpractice attorneys, who created a cease & desist letter that misconstrued information and was taken totally out of context. That someone in the investigative loop would do such a thing is nothing short of corruption and a grave form of societal betrayal. This caused Cotrina great pain, in that it asks for the siblings to destroy one element in their art project, and was felt like an attack against their shared art soul/spirit.

LAWS PERTAINING TO VIOLATING A PATIENT'S RIGHTS

SOURCE: Directly quotes with commentary inserted
https://govt.westlaw.com/calregs/Document/I8415D630FA4311DE8C6E96BC63A3F6F5?viewType=FullText&originationContext=documenttoc&transitionType=CategoryPageItem&contextData=(sc.Default)
Accessed 2.27.18 @ 12:42 am

9 CCR § 865.1

§ 865.1. Denial of Rights in Community Care Facilities.
(a) A right listed in Section 861 of this article may be denied a resident of a licensed community care facility only upon the failure of all other means taken to resolve the behavior necessitating denial.

COMMENT: NO OTHER MEANS WERE TAKEN BY TELECARE.
There process of denial of rights has not been in alignment with the law?

(b) Agreements and negotiations between the resident, administrator, and social worker shall be the primary means of resolving problems regarding the rights of the resident.

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COMMENT: This also did not occur before the Dr.'s order was given to first give a time restriction (shortly after Long Beach City Police were called in by family) then full denial of rights.

(c) If the community care facility, after compliance with subsections (a) and (b) of this section, wishes to deny one or more Section 861(a) through (e) rights, the procedure of Section 865 must be followed.

§ 865.2. Good Cause for Denial of Rights. (a) Rights listed in Section 861, except for that right listed in subdivision (g), may be denied only for good cause, and the rights under subdivision (f) may be denied only under the conditions specified in Article 7 (commencing with Section 5325) of Chapter 2 of Part 1 of Division 5 of the Welfare and Institutions Code.

Good cause for denying a patient/resident the exercise of a right exists when the professional person in charge of a facility or his designee has good reason to believe: (1) That the exercise of the specific right would be injurious to the patient/resident; or (2) That there is evidence that the specific right, if exercised would seriously infringe on the rights of others; or (3) That the institution or facility would suffer serious damage if the specific right is not denied; and (4) That there is no less restrictive way of protecting the interests specified in (1), (2), or (3)

COMMENT: There has been nothing INJURIOUS about the siblings relationship. Documentation clearly conveys that sibling interaction, in the view of the conservator, and the conservatee has IMPROVED the quality of life. The law does not state that good cause translates into an interaction conflicting with a corporation's treatment plan, a treatment plan that the family perceives as injurious, and the conservatee perceives has aspects that are injurious. Items 2, 3, and 4 are irrelevant in this case.

That the Dr.'s order is being enforced, to spite what the law clearly states, is a flagrant disrespect for the existing law (Misa Kelly's opinion, eager to stand corrected if there is another law she has not unearthed).

SOURCE: http://leginfo.legislature.ca.gov/faces/codes_displaySection.xhtml?sectionNum=5325.1.&lawCode=WIC
Accessed 2/27/18 @ 1:00 pm
WELFARE AND INSTITUTIONS CODE - WIC
DIVISION 5. COMMUNITY MENTAL HEALTH SERVICES [5000 - 5952] (Division 5 repealed and added by Stats. 1967, Ch. 1667.)
PART 1. THE LANTERMAN-PETRIS-SHORT ACT [5000 - 5550] (Heading of Part 1 amended by Stats. 1968, Ch. 1374.)
CHAPTER 2. Involuntary Treatment [5150 - 5349.5] (Chapter 2 added by Stats. 1967, Ch. 1667.)

ARTICLE 7. Legal and Civil Rights of Persons Involuntarily Detained [5325 - 5337] (Article 7 added by Stats. 1967, Ch. 1667.)

5325.1.
Persons with mental illness have the same legal rights and responsibilities guaranteed all other persons by the Federal Constitution and laws and the Constitution and laws of the State of California, unless specifically limited by federal or state law or regulations. No otherwise qualified person by reason of having been involuntarily detained for evaluation or treatment under provisions of this part or having been admitted as a voluntary patient to any health facility, as defined in Section 1250 of the Health and Safety Code, in which psychiatric evaluation or treatment is offered shall be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity, which receives public funds.

It is the intent of the legislature that persons with mental illness shall have rights including, but not limited to, the following:

(a) A right to treatment services which promote the potential of the person to function independently. Treatment should be provided in ways that are least restrictive of the personal liberty of the individual.

(b) A right to dignity, privacy, and humane care.

COMMENT: This is violated regularly in Telecare's Harmony unit, a most recent incident, a staff member telling Cotrina something to the effect that she wants her bottle of coke to wash out her female anatomy. Cotrina filed a grievance within the facility at the bequest of another staff member who overheard her discussing what happened with another client.

(c) A right to be free from harm, including unnecessary or excessive physical restraint, isolation, medication, abuse, or neglect. Medication shall not be used as punishment, for the convenience of staff, as a substitute for program, or in quantities that interfere with the treatment program.

COMMENT: Cotrina reports physical assaults, sexual groping, verbal aggression/assaults by staff towards clients, being locked in a room with cold food from the cafeteria left there until she ate. She has reported her sense that medications are not managed well with other clients.

(d) A right to prompt medical care and treatment.

COMMENT: Cotrina smashed her finger in a bathroom stall, she had to wait two days for it to be X-rayed and to receive treatment. She is receiving treatment for an eating disorder for 40 years by Telecare, and this is not their area of expertise, one issue is her poor dental health which has been brought to their attention. They have not assisted in getting her teeth fixed, and one staff member told her that she wouldn't be able to get her teeth fixed, that the courts had to approve it, rather than helping and assisting in making this happen. When her head was bashed against the concrete, and she lost so much blood she thought she was going to die, they treated the trauma by letting her go out for a cigarette. When her brother Michael Anthony Pu'u died, the conservator requested grief support. This did not happen.

(e) A right to religious freedom and practice.

COMMENT: Cotrina's primary identity is that of an artist who has been professionally trained who would like to one day finish her college degree. She requested that she NO LONGER BE TAKEN to a church on Sundays that she found highly triggering. Art is a spiritual practice, and denying her the right to express herself creatively and spiritually, by not allowing her to go to art classes and museums with her sibling is a denial of her spiritual nature.

(f) A right to participate in appropriate programs of publicly supported education.

(g) A right to social interaction and participation in community activities.

COMMENT: Denying passes for outings to be around normal, healthy, functional people, places where she can relax, truly be herself, and is able to enjoy healthy community activities, along with the Dr.'s order barring sibling interaction violates this right.

(h) A right to physical exercise and recreational opportunities.

COMMENT: Cotrina reports, recently, a staff member, as a form of punishment, would only allow for her to go outside for five minutes during a regular time to go out of 30 minutes.

(i) A right to be free from hazardous procedures.
(Added by Stats. 1978, Ch. 1320.)

COMMENT: "Force" feeding is hazardous to one's mental well being.

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Additional Research Sources used while researching the Dr.'s order.

http://disabilityrightsca.org/pubs/508001.htm
http://www.dhcs.ca.gov/services/Documents/DHCS_Handbook_English.pdf
http://www.lpsreform.org/Article6.pdf
http://leginfo.legislature.ca.gov/faces/codes_displaySection.xhtml?lawCode=WIC&sectionNum=5325.
http://leginfo.legislature.ca.gov/faces/codes_displaySection.xhtml?sectionNum=5325.1.&lawCode=WIC
http://leginfo.legislature.ca.gov/faces/codes_displaySection.xhtml?sectionNum=5326.&lawCode=WIC
https://www.law.cornell.edu/constitution/overview
https://www.privacyrights.org/consumer-guides/hipaa-privacy-rule-patients-rights
http://www.disabilityrightsca.org/pubs/560801Ch3.pdf

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II.

Allegation, sibling Misa Miele Mandigo Kelly "interferes" with Telecare's "Treatment Plan."

There exists a basic conflict of interest and understanding about the concept of support and what causes harm, or is injurious to the client. In consultation with professionals in the field of psychology and psychiatry, in describing scenarios that have occurred, it is unanimously agreed that some of what is occurring in Telecare's oversight of Michelle Cotrina is unhealthy, if not injurious and counter-productive to the recovery process.

The body of evidence: writing, photographs, drawings, gifts, paintings, videos, letters exchanged, educational material and the fact that Michelle Leilani Cotrina began to make great strides in her recovery once her request for sibling Misa Miele Mandigo Kelly to:

a. join in on discussion about her care;
b. advocate on her behalf;

clearly illustrates that the relationship HAS NOT BEEN INJURIOUS. If anything, Cotrina began to thrive. It is evidence that the Dr.'s order does NOT have "good cause" and Telecare is not operating within the parameters of existing laws.

A Care/Treatment Plan that Has Counter-productive and at times INJURIOUS consequences for Michelle Leilani Cotrina, who has expressed "I can let go of the past, it is the trauma in here, this is what is the problem."

Examples of counter-productive and/or injurious treatment:

- Be opposed to family providing educational literature.
- Be opposed to family providing educational literature with regard to what the law says about her rights (dialog with Linda Stone-Abrams, communicating Telecare's wishes as a family liason)
- Fail to respond to advocacy requests to assign a new roommate, one who isn't assaultive and sexually active in that Michelle Cotrina found these greatly triggering.
- Retaliate in reaction to two calls to Long Beach City Police by giving a Dr.'s order within a week to limit visits to 30 minutes a session.
- Allow for staff to be verbally assaultive towards clients.
- Allow for staff to express crude, sexually insulting remarks towards clients.
- Allow the client to witness a family member being verbally assaulted by a staff member to the degree the family member needed to call 911 for assistance in figuring out how to take care in order to be able to drive 2 hours home.
- Allow for staff to tell the client they are going to harm their family members.
- Fail to keep the client safe from sexual groping and inappropriate sexual advances.
- Fail to consider the entire body and not work with the conservator to address severe dental issues and missing teeth.

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- Attempt to treat an eating disorder that the client has had for 40 years by "force feeding" them, putting them in a room alone with cold cafeteria food. Presently she is a healthy BMI, a healthy weight, but still, she is forced to eat 75%-80% on her plate to be treatment compliant, which causes her eating disorder to worsen and triggers feelings of being overweight. When Cotrina is with family, she eats WELL (until this new regime was instigated) and enjoys eating. Her primary complaint is that the food is processed, and she would like access to healthy, organic foods such as she has when on outings with family. She came into the facility at over 130 lbs and is presently around 116 lbs, which is normal for her weight.

- Constantly changing the "rules" with no exhaustive list of what family can and cannot bring into the facility. E.g. one day it is okay to bring in prunes, and another time, it is not. One day it is okay for a gift of a spiral bound sketchpad and the next time, they refuse for it to be allowed in, and resist allowing the family member to take the sketchbook in order to rip out the spiral binding so the client would have access to materials.

- Allowing for a psychiatrist and two other staff to use a phrase "you worry about your weight" that aggravates the client's body dysmorphia and induces an uncomfortable state of consciousness.

- Addressing concerns within the facility about a conflict of interest, assign the Medical Director to look at it, he is gone two weeks later, and the very person the family has concerns about is given his position with NOBODY in the facility investigating concerns.

- Taking away dental hygiene tools given to the client by a family member.

- Not KNOWING the client had very poor vision as well as cataracts which impacted her ability to read.

- Indicating in October of 2017 in a family meeting that the client is ready for a Step-Down unit from a sub-acute setting meant for 3-6 month treatment, and then indicating, that there is an issue and the client can't be moved.

- Acting as if the corporation is above the law by allowing for a Dr.'s order to be given that siblings not interact, when, given the law, there are certain protocols that ought be followed FIRST.

- Cruelty with regard to the client seeking to spend time with a brother at end of life punishing the client for being late by denying a request for a family pass/outing.

- Cruelty with regard to denying client access to family by punishing the client for the gift of a laxative the conservator wasn't aware was taboo.

- Cruelty with regard to not considering how it would emotionally impact the client to be told they would not be allowed to see their sibling.

- Cruelty with regard to not considering how suggesting a public guardian be assigned in lieu of the family member who has been serving this role for six years with full support of the client's siblings.

- Cruelty with regard to not considering how a cease & desist letter sent by the corporations malpractice attorneys, directing that a part of a creative project between two siblings be DESTROYED (one protected by the Constitutions, 1st Amendment, Free Speech/Freedom of Religion).

- Keeping a client in a facility, with little access to "fresh air", a comfortable bed, and a pillow that was used by the client before you, kept in a closed setting long after they are ready to move to a step down unit (client has been in here over two years) is nothing short of cruel.

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- Not educating the client ABOUT trauma and dissociation to the degree that when they are triggered, numb, can't feel their body they don't realize they are experiencing a form of dissocation.

- Not educating a client ABOUT how to cope with flashbacks and providing concrete skills to cope.

- Not accommodating requests for grief counseling at a time of need.

- Allowing a client to SUFFER during difficult times, anniversary dates of trauma, such as the Fall season, by not providing additional support when the client suffers from emotional flashbacks and dissociative issues are exacerbated.

- Failure to integrate information/perspective from a second psychological opinion that the client needs trauma treatment.

III.
Addressing Telecare's Allegations

1. Telecare's allegations that Misa Kelly discourages Michelle Cotrina from taking medication.

Please see attached prescription medication bottles. Kelly uses prescription medication, as prescribed by her psychiatrist, for treatment for anxiety.

Danielle Cotrina, Michelle Leilani Cotrina, Stephen Kelly, and Bryan Guardado have been present when sibling Misa Kelly has expressed to her sibling Michelle Cotrina the value of medications.

Consider the following excerpts of email correspondence to Holly Still. Kelly discusses the use of medication with Holly Still, and via telephone conversations expressed she would work on this with Cotrina.

From: Art Bark <weloveartbark@gmail.com> Sent: Monday, October 16, 2017 5:17:35 PM To: Holly S□ll
Cc: Danielle Cotrina; ryan Guardado
Subject: Re: Towards and Agenda for Group Mee□ng Hello all,

EXCERPT

Is it possible to begin a different med plan? It is glaringly obvious that she has complex-PTSD given history and symptoms and also, although she hasn't been evaluated yet, DID. It can be clinically diagnosed, and Dr. Perch could probably manage that. She seems smart enough.

Can she also be paired up with a room mate that doesn't have such a sexual appetite (if this is going on, it could be an aspect of her remembering a different instance of this) and also one whose symptoms of psychosis/delusional thinking is not being managed by medication.

In one conversation, there is an aspect that only remembers being locked up and thinks they have been at La Casa for three years straight.

What works well is a mood stabilizer such as lamictal. Parts of Michelle don't want to look at the memories, while parts do. I am not a psychologist, but I definitely don't think she is ready to process anything and from the literature I've read, the first step is grounding and stabilization. I've been teaching her grounding tools and giving her emotional support to help with feeling enough support to let go of the damaging support (perpetrators, think stockholm syndrome) Lamictal is helpful in managing "parts" it numbed them. It also has an emotional numbing quality and it may help with her emotional flashbacks. You need to process to heal, but it can be good to stop everything up so the person has a chance to build strength with the most functional "front parts."

What I use, which works brilliantly, is managing it holistically, and only need meds for PTSD flares. Michelle isn't there yet. It would be good to ask Dr. Perch about trying either Lamictal or an SSRI, wean off the anti-psychotic, especially given her thyroid, and an anti-psychotic as a PRN. I use seroquel and it works beautifully but it is a bitch when it comes to withdrawals.

When flashbacks come terror comes and with terror distorted thinking. The anti-psychotic will stop the distorted thought and close the pathway to an altered state of consciousness where one gets lost in the delusion one creates out of fear. I find, one has to let these thoughts run with awareness and staying fully present, negative as well as positive thoughts that one creates to mask the horror underneath. As the body calms down, and with use of somatic skills and other things, then usually the mental pictures or flashes of insight come and one gets the gyst of what happened without a bunch of details. Lamictal I found hard to come off of as well, it took me two years.

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Something less sedating than what she is on will give her energy for exercising and reading to educate herself and such.

I fully understand Michelle's resistant to medications, the side effects cause their own type of suffering, and when you are suffering already, it can make it unbearable.

That is why I found a HOLISTIC route as much as possible the best route, eventually. It reduces suffering.

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2. Telecare allegation of inappropriate behavior between siblings.

Description of Activities between siblings.

ART
Art Adventure One: Sketch pads from her first life drawing class, video of her expressing her joy.
Note: conservator's decision it is in conservatee's best interest she has private time with sibling in order to speak to sibling about matters related to childhood/teen experiences and to have time to share a common passion, life drawing. Misa Kelly returns Michelle Cotrina safely to the facility after an outing to Starbucks to enjoy health snacks together: fruit, cheese, crackers, and to cultivate self-awareness of one's well being by sharing wellness information.

Art Adventure Two: Photographs of Shared Show at Yoga Soup: RISE
Evidence/Artifacts
Photographs of exhibition: Siblings, the Secrets Sisters Share
Video of Michelle talking about her work
Video of projection shown during the event
ArtBark newsletters promoting Michelle as an artist for this project
Conservator Danielle Cotrina, with partner,

Art Adventure Three: Trip to Otis
In Art Adventure one Michelle Cotrina expresses her hope of one day returning to college to finish her art degree. "Not today, but one day."
Sibling Misa Kelly takes her to Otis to inquire about receiving transcripts. The trip includes a trip to the college bookstore for Michelle Cotrina to purchase art supplies: a charcoal pencil and a pencil sharpener to sharpen it with. Michelle Cotrina buys her sibling Misa Kelly a crepe from a food truck and Misa Kelly returns Michelle Cotrina safely to the facility.
Evidence/Artifacts
Michelle Cotrina's College Transcripts from Santa Barbara City College, Otis, Denver University, and Pasadena City College.

Art Adventure Four: Adapting to Creative Hurdle of Dr.'s order barring siblings access to spiritual, creative, artistic interaction.
Telephone Art: Michelle's "Blue" spiral sketchbook
Misa Kelly bought Michelle Cotrina a matching spiral sketchbook. In the evenings, when she felt most safe to let her artist out, they would give each other drawing prompts and sketch together. They would give each other creative tasks, set down the phone, and complete the drawing task.

Art Adventure Five: #theVanGoghProject: Adapting to the creative hurdle of siblings not being able to visit
ONE: #realityradio transcripts
Misa Kelly interviews Michelle Cotrina, by phone, about her life as an artist juxtaposed against the life of Van Gogh. This was

TWO: Red, Yellow, Blue Series
Misa Kelly bought Michelle Cotrina paints and canvases, and as a "make do" artist she completed a series of four. Michelle Cotrina hopes to display these at her next exhibition.

Evidence/Artifacts
The four paintings

THREE: Letter and care package exchange

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Misa Kelly purchased art cards and sent them in a care package to Michelle Cotrina. On some of the cards Michelle Cotrina has sketches and inside she shares about her life inside the facility. Misa Kelly encourages her sibling to read from "the Van Gogh Diaries" and to cope with the stress of living in the facility by writing things down, journalling, and sending them to Misa Kelly. Misa Kelly in turn sends letters as well as care packages. Michelle Cotrina does not want these shown as letters because it is her understanding that another person lost conservatorship because of family letters.

Evidence/Artifacts
The letters
The gifts
Work in progress Book Project

FIVE: Word Play
Misa Kelly sent Michelle Cotrina, as a Valentine's Day gift, a book of quotes. The siblings use the artist quotes as a prompt to come up with a new idea. These are then shaped into graphic images.

Evidence/Artifact
Quote Art

ART AND JOURNAL STORAGE
Misa Kelly is presently storing Michelle Cotrina's drawings, paintings, art supplies, and journals.
The journals are very intimate and at this point, she is not willing to share these as evidence, but would share the images from her journals utilized in her art exhibitions and shared online via Redbubble, a venue for beginning to market the siblings creative work together.

TELEPHONE CALLS
Misa Kelly, since June of 2017, has called Michelle Cotrina daily and Michelle Cotrina has also called Misa Kelly. The nature of these telephone calls are confidential and private. The intention has been to be present with the process and be a positive, loving presence in Michelle Cotrina's life.

PEER SUPPORT
Within the literature in relation to the Mental Health Field there exists knowledge that is called Peer Support, and it is recognized to have great value. In Misa Kelly's interaction with her sibling, Michelle Cotrina, given their shared genetics as well as life experiences, they have provided peer support to each other.
"Peer support is the "process of giving and receiving encouragement and assistance to achieve long-term recovery." Peer supporters "offer emotional support, share knowledge, teach skills, provide practical assistance, and connect people with resources, opportunities, communities of support, and other people" (Mead, 2003; Solomon, 2004)."

Evidence/artifacts.
http://file.lacounty.gov/SDSInter/dmh/194804_PeerSpecialistTraining&CoreCompetencyFindings.pdf
https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3343315/

EDUCATION
Michelle Cotrina expressed a desire to Misa Kelly to educate herself about her condition and Misa Kelly shared literature and books with her sibling in relation to issues Michelle Cotrina felt were relevant to her life. Misa Kelly dialoged with Holly Still about the focus of her interactions via telephone and Holly Still provided feedback with regard to areas that Michelle was struggling with, one of them, being medication compliance. Misa Kelly communicated to Holly Still she would do this.
Evidence/artifacts
Emails to Holly Still directly, and also to pass on to Dr. Reader, providing the facility with information about areas of focus. Worksheets and literature sent to Michelle
Reading List

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AT NO TIME DID ANYONE COMMUNICATE THAT THIS ACTIVITY INTERFERED WITH THE TEAM'S TREATMENT PLAN.

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3. Brief Description of the Nature of the Siblings Relationship.

About Misa Miele Mandigo Kelly and Michelle Leilani Cotrina
By: Misa, written, from the heart

My sister and I have been through the worst of the worst together, and it took me 25 years to recover before my own mental, spiritual, and emotional nature was recovered to the degree where I could follow through with my sibling's request in 2015. "Misa, please help me, I am not getting the help I need, you understand it because you've been through it." The nature of the deep trauma we both experienced is something we both do not want to discuss, but just know, it was severe. There was a news article recently about children who were chained to their beds. While this is NOT our story, with regards to the depth of the trauma, it was analogous, and it extended into the community beyond the family home. We are those kids grown up. Trauma can break a being and Kaiser's ACE study reveals "Adverse Childhood Experiences" can have a huge impact on one's health. While I had a container of love and great therapists and psychiatrists that enabled me to recover, and my life work as an artist and dancer were pivotal components in my recovery journey, my sister has not had analogous support. She's had periods of homelessness, which I understand, in part, were her choice, where my best childhood friend was completely lost to me, and the trauma, for her, continued on longer than my own did when I left home at the age of 19.

She has been further traumatized in some of the mental health facilities in which she has been housed. I realize, this seems a bit like David and Goliath given I am a single advocate on behalf my sibling, with limited resources, against a corporation with over 100 facilities in 7 states, but I love my sister so much, now that I am recovered, I would do ANYTHING it takes, bark up as many trees as needed, to help manifest her dreams of living in a place with a garden outside, and the freedom to come and go to art classes to draw and paint live from the figure. When I asked her, what would the world be like without Vincent Van Gogh, her immediate reply was "terrible." I believe in my sister, she was an advanced high school student in the arts, and is a phenomenally gifted creative genius. Presently her drawing ability ranges in styles, and seemingly ages, but after taking her to her first drawing class in over 20 years, I can see, it is all there. It just needs to be loved, nurtured, and tended, and above all else she needs a safe container in which to recover.

Leilani and Miele at the Norton Simon Museum, where Leilani once worked as a museum guard and hopes to do this once again. Photo by the conservator Danielle Cotrina.

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CD of Van Gogh Girl Diaries: Episode One
A Part of What Were "Public Recordings a Part of Siblings #theVanGoghProject
For use in art installation in Brooklyn, NY in sculptural form as Cease & Desist: Silence Witnesses

FREE SPEECH: A Constitutional Right that can not be denied my sibling, given the existing law, nor can her freedom of religion, which, in part, is giving expression to her spiritual nature as an artist (in theory but evidently not in application.)

I offer these up because it is a consensual project between my sibling and I with the intention to raise awareness with regards to what it is like for a contemporary artist to live in a modern day "asylum" in that she wants her voice heard.

Track One: Leilani & Miele launch #theVanGoghProject
Conversations between Leilani & Miele providing a window into what life is like for some artists living in facilities that house those not able to care for themselves due to the impact of trauma in their life. Leilani views, as did Miele in her journey, art as her medicine. This first interview fleshes out when and where Leilani first recognized her calling as a painter. Presently there is a patients rights investigation in the facility and it is the family's observation that she is experiencing retaliation in relation to asking for family to report what is going on inside of the facility. Leilani has repeatedly expressed she fears dying in this facility.

Track Two: Miele, solo commentary about the difficulties of advocacy.

Track Three: Leilani & Miele Discuss Business, the death of their sibling Michael Anthony Pu'u and their respective last wishes, and drawing. The piano in the background is Kelly's spouse, Stephen Kelly. At times, during evening calls, Kelly lies under the piano so that Leilani can enjoy the healing power of sound. Kelly often patches Leilani into real life experiences by phone (dance concerts, vacations, on tour with her art collective, Cavalia performance) to give Leilani for hope for living a life where she can "be free."

Track Four: Miele, solo commentary after a conversation with Linda Stone-Abrams about the outcome of a Patients Rights Investigation.

Track Five: Leilani & Miele discuss the outcome of the Patient's Rights investigation and Leilani shares her perspective. Leilani & Miele process the sad news that the Patients Rights Investigation did not bring about the outcome they hoped to have. Patients Rights determined that the Dr.'s order still holds, that Miele not be allowed to visit her sibling Leilani nor take her on outings to do things they enjoy doing together: go to museums to draw, go to life drawing classes, enjoy good food, and work on empowering ourselves through educating ourselves about our respective health conditions. The rationale provided is that how the two sisters interact and what they share together gets in the way of the treatment plan administered by the facility. A treatment plan the conservator as well as Miele have asked the facility about, but have never received a response about what the qualifications are of the staff treating her condition and how they are treating her "dis-ease". Further discussion with the conservator revealed that the corporation alleges Miele discourages the use of medication and that their relationship exacerbates her eating disorder.

Track Six: Code Blue
This is a song written for all those who become "code blue" in a lock down psychiatric unit.
Michelle Cotrina fears dying in the facility. The root of this fear is a relationship with a client who died in the facility of natural causes. Following is a record of a conversation on February 11th, 2018 in relationship to this death. Cotrina wonders if they investigate deaths inside of the facility and fears being medicated in such a way that it results in death that is written off as "natural".
Conversation
We discussed sewing, she wanted a flannel pair of pajamas, I told her I would sew a pair for her. We both remembered Mrs. Nueves from Goleta Valley Junior High School sewing class. "She wanted me to model clothing. I refused to do it" I remember something else about this woman, that I also didn't want to do something she didn't want me to do, but that is a past life I have completely recovered from and I bury that story deep into a vein of gold within mother earth's bosom.

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My sister begins to express what she means when she fears she is going to die in the facility. I ask her to describe the experience.

"I pull the blankets over my head.
I see black
The lights are off
You feel like you are dying
You feel like you are dead already

She is in great pain and thinks it is a combination of the side effects of the Invega injections and the food.

"The Food – it is the triggering quality of it. I don't know if I am going live or not. I am afraid the same thing will happen to me."

Leilani tells me, again, of a dead body in the facility, someone had died in the unit last time she was there. I had thought it was the boy who had died, a lawsuit had been launched, and the family had settled out of course, but no, there was someone else. Leilani expresses:

"She had family. She was about to leave. She had a solo pass. She offered to take me out on a solo pass with her, on a peer pass, and the plan was to go together. She suggested a pizza party to stop the violence in the facility. She died, a month later she was dead."

Leilani's mind begins to wander and I learn she has been made a safety monitor and is supposed to check rooms to give maintenance orders. She is afraid of having to have pizza because she associates pizza with the death of this person. She comes back to the memory of the client.

"*Her name was Naisha, she was beautiful, her family was sad, they came for he belongings. She was in her 30s or 40s. She was quieter than the others, she would sit around and watch T.V. I don't watch T.V. because it feels like watching horror movies."*

Leilani goes on to describe what she is seeing, people eating out of the garbage, and if someone skips dinner, then they might pay $3.00 for what one could get for 50 cents in the market. Miele recalls one day over the summer of hearing a great commotion and Leilani commenting about an upset client eating out of the garbage.

Track Seven: Leilani discusses with Miele her fear of being institutionalized and the threat of the conservatorship being taken away from her daughter.

Track Eight: Miele helps Leilani work through the fear of being institutionalized later in the day using breathing techniques and other helpful resources.

Track Nine: Miele shares songs that surface from time to time with Miele. Here in this recording Miele sings a song she wrote for her sister "hunker down and heal."

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TRANSCRIPTION OF LETTERS SENT TO MISA BY MICHELLE in relation to their shared art project entitled #theVanGoghProject.
Intention, to give my sibling hope, to have fun, to work towards our mutual creative goals together. When it was made clear that the siblings were not to record for #theVanGoghProject with a vague allegation that they "violate HIPPA laws, state and federal privacy laws" without providing the exact laws they were referring to, the focus of the project began to be, in part, on letter writing. These letters clearly show how Michelle Cotrina is suffering as a consequence of the corporation's "treatment plan" for Michelle Cotrina. A treatment plan, that Misa Kelly perceives, in part, as injurious to her sibling. This is in direct conflict with their #theVanGoghProject intention of following Van Gogh's formula for making good work, which includes, "being housed well and being able to drink one's coffee in peace."

The following letters convey Michelle Cotrina's experience of living in this facility. It is negatively impacting her ability to draw/paint.

Postmarked
February 21, 2018
Mailed from zip code 90805

To: Misa Kelly
2911 La Combadura
Santa Barbara, CA, 93015

Cover image: a giraffe

Dear Misa

I have to start new. It's hard where in the negative the team acts like I'm a new patient and they aren't going to do anything to move me. They say I refuse to eat. How can I do that when from the beginning they put me in a room and brough cold food and wouldn't let me out of the room until I ate. I don't need somebody present force feeding me.

Court was just confusion today. They didn't see me and rescheduled. I don't think if you showed up they'll see you. Just Danielle. It's not as complicated and serious as the court makes it. Its up to the judge. The court attorney makes reommendations and the judge makes the verdicts.

I don't feel positive telling you anything when they backtrack what they say, and lie.

I'm happy that your doing well it seems as if you need to concentrate on yourself and know there's nothing they can do to touch you. Please stay positive, courts just about conservatorship and my length of stay in the facility as well is I know (can't make out the last two words of the sentence).

Love,
Michelle

Postmarked January 26, 2018
Los Angeles CA 900
Misa Kelly
2911 La Lambadura
Santa Barbara, CA 93105

Cover Image
Blank

Dear Misa

Court Date: March 13th, 2018 Case Number: ce036427 Conservatee: Michelle Leilani Cotrina
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Its Sunday I'm not in too much somatic pain so I'll write to you. I remember kindergarten. Standing at my easel and painting. I knew my future right then and there had to be a painter. Then I continued to pain and learn how to draw in grade school. I won an award for a clay vase I made. Then I went to Junior High School, took an art class and won an award, first place for a drawing of a horse. I would make my drawings in pastels. Then in high school I took a drawing class and drew the figure clothed. I was very successful. My teacher encouraged me to go to college as I was ready. I enrolled in Collete while I was in my first years of high school. I drew the nude. My teacher told me my drawings were better than everyone else's were. I continued at the Junior College to draw from the nude. From then on I stayed in College to paint and draw and make sculpture. I spent 20 years ater a while of not drawing or painting. Misa took me to school to draw

Postmarked
Los Angeles CA 900
06 Feb 2018 PM 13L

No cover image

Dear Misa,

So much pain, emotional pain and panic. I fear being locked up for 1 more year. The social worker said Friday, that I have to wait three months until they move me to an IMD. Then it is another six months if I lose Danielle's conservatorship. I can't bear eating the full plate, its inhumane and not being able to skip a meal. They had me on unit precautions for 4 months and said I have lice, they then bought somebody in my room with lice for longer than 4 months. They took me into a room closed the door with a cold plate of food and wouldn't let me out unless I ate the full plate. Cecil took me hostage she said I can't have coffee or prunes. I'm fear about being held hostage. Sorry for the negative card but the torture over food their being especially Holly Still, about food won't end. I'm always sick and find it hard to get rid of the flashbacks to what they threaten me with.

Love Michelle

Postmark
Los Angeles CA 900
30 Nov 2017 PM 11L

6060 Paramount Blvd
LB CA 90805

Misa and Stephen Kelly
2911 La Combadura
Santa Barbara, CA 93105

Cover image
Happy snow people and a north pole sign

Dear Misa,

Merry Christmas,

Love, Michelle, please don't get anything but good cheer, for Christmas
.
P.S. Annette, still a young cheerleader.

(when I asked Michelle about the meaning of the cheerleader, it related to my supportive encouraging nature.)

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Misa Miele Kelly
2911 La Combadura
Santa Barbara, CA 93105

Postmark
Los Angeles CA 900
05 February 2018 PM 12

Misa Kelly
2911 La Combadura
Santa Barbara, CA 93105

Cover Image
Turtle

Dear Misa,
I'm having a bad day. I went to the koi pond to draw the turtles. My work is so bad to myself. I remember my drawings from Otis. They were like photographs so accurate and talented. I lost my ability to draw. I want to go to a drawing class anyway so I have some remorse for my lack of talent. I remember one painting I did. I rented an apartment just to store my art work. I feel like giving up.

Back of card
To Misa
Talent or not I look forward to life drawing and doing some painting also. Please be patient as of now I don't think I can draw anymore and paint.

Much Love, Michelle
P.S. I still want to do life drawing and painting.

Postmarked
Los Angeles CA 900
09 Feb 2018
PM 3L

Cover image
Drawing of a turtle

Dear Misa,

I'm trying to remain positive. Holly probably didn't call today to move me and is going to tell me I'm on hold still. Things are negative. This one mental health worker told me I'm not going to be moved because nobody will take me. She then said you have to go to group. I've got group signature sheets for group. I go to more groups than anybody. If only Danielle can take me out of here. I'm told three months which is like doing another year. They obviously don't want to move me. Holly Still lies. I only get more frightened.

Yesterday by nightfall I got so sick from the force feeding, that I threw up. My stomach can't bear being so full. I'll probably vomit again tonight I'm so full. I had an egg and bisque for breakfast and fruit bowl for lunch and diner. I'll eat a fruit bowl. It is yogurt and cut up melon. The fruit is spoiled but I can't eat a whole size, it's too much food. I'm so full now. I can't eat dinner. Sorry my handwriting is so bad. I'll try and write better.

Love Michelle

Court Date: March 13th, 2018 Case Number: ce036427 Conservatee: Michelle Leilani Cotrina
Art is My Religion: Miele Art is My Medicine: Leilani *We Trust the Process*
"I make art, like Van Gogh, to Free the Mind From Inner Turmoil" Leilani
Postmarked
Los Angeles CA 900
20 February 2018 PM 12L

Misa Kelly
2911 La Combadura
Santa Barbara, CA 93105

Cover Image, a woman's portrait

Dear Misa,

I'm pretty bad off tonight. I'm in shock with too much somatic pain. I am terrified that Dr. Reader will show up in court and attempt to remove Danielle from conservatorship. I haven't heard much but she definitely has me (?) A public conservator would only give her what she wants. She (?) Cecil is compared to Dr. Reader. When I was alone in her office she acted like Danielle. She removed and pretty much had a very venomous Cecil mouth but even more aggressive. You've done nothing but help Misa. Look at what they did to you. They're after Danielle. She wasn't able to make it today. Thursday Danielle is being treated worse than they treat their clients. I hope she shows up Thursday with Brian. This seems like it can't be happening. I don't think I"ll last 6 more months let alone the remaining tie I have in here.

Love,
Michelle

Song Sharing
Misa Kelly is a singer/song writer currently uploading her present process to soundcloud. Misa Kelly shares these songs with Michelle Leilani to give her hope, cultivate hope, and let her know she is loved. She plays them to her over the phone when calling to Long Beach from Santa Barbara as well as sings them to her live.

The two sing also sing together, as they did at their dying brother's bedside, singing a Don Ho rendition of "Tiny Bubbles" with their brother smiling each time he exhaled as they sang.

II. Tribute to Martin Luther King
Recording is not available to listen to but anyone but the artist. The artist respectfully requests that any copies of this private recording obtained unethically by Telecare, or investigative agencies, be destroyed. They were given in confidence and trust of the integrity of existing offices, and this confidence was breeched.

"It seems to me, given my experience as an Artvocate/Artivist, that corporations and government agencies, in some instances, act as if they are above the law. They are not loyal to their moral and ethical obligations to protect and care for the vulnerable, including understanding and protecting their statuatory and Constitutional rights. When it appears as if there is a flagrant disrespect for the existing law with refusal to consider concrete facts and evidence that raise valid concerns for client safety as well as the capacity for the corporation to lie, and this information is used to aide and abet the corporation in covering up their wrongdoing by giving the information to the corporation, who in turn:
Send it to their Medical Malpractice attorneys to generate a legal weapon misconstruing facts that harms both the advocate and the corporation's client;

Misconstrue the information to create ammunition in form of a letter to the Public Guardian's office in an attempt to rip a loved one from family support by way of attempting to wrestle conservatorship from family;

Then, in such a case, something wells up, the voice of my childhood hero booming in the marrow of my bones, and I fully comprehend the reason why a conscious act of civil disobedience organically emerged. I responded to what felt like an act of war against our shared art heart, a cease & desist letter, in a way that aligns with my pacifist nature: with a creative

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process, to provide you the witness the opportunity to discover how an artist processes the consequences of an Artistic Act of Civil Disobedience."

Legal Name: Misa M. M. Kelly

To the maker of the Cease & Desist Letter, I thank you for this teaching moment.
Given the high integrity nature of the legal profession, I can't imagine you received the PRIVATE link within the big picture of what is occurring. I can't imagine anyone from the legal profession aiding and abetting, what looks to me, the artist, what legal counsel describes formally as "a cover up" and an off the record quote of a colleague as "heinous".

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Add photocopies of letters

Add relevant email correspondence.